

The **Authentic Manhood Training** sets the tone with young men by teaching them to respect other people, honor authority, respect other people's property and privacy, as well as to honor the law.

Three (3) Principles we teach a young man to master and practice on a daily basis:

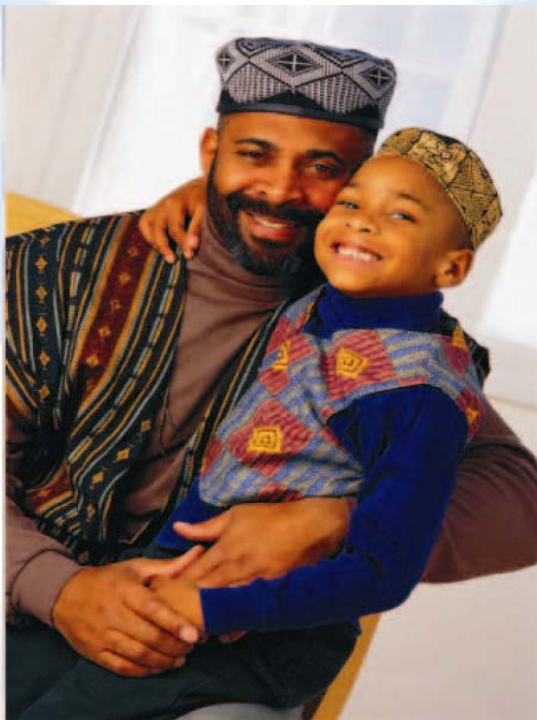
1) To be "tenderhearted" (Compassionate), not "passive"!

2) Must accept responsibility in every area of his life and does not blame others for his shortcomings. Initiate positive behavior in every situation.

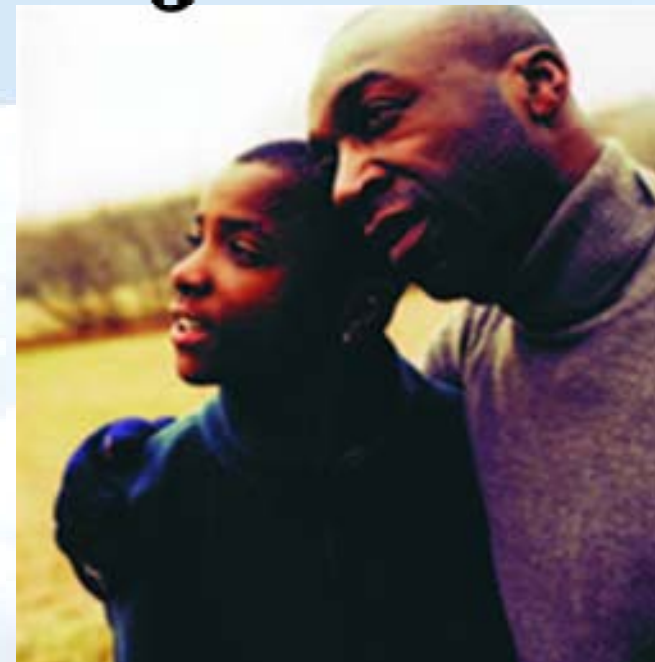
3) Must learn to respect **ALL** those in authority!



Tender Warrior



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Tender Warrior Association

MISSION

To share with young men three (3) very simple, yet powerful principles on how to live an authentic life through manhood training.

PURPOSE

To teach and equip young men with the three (3) Life-Skill Principles that are vital to become authentic men of purpose. To teach the vital role **FORGIVENESS** plays in building healthy relationships with family members, coworkers, classmates, friends, and the community at large.

FORGIVENESS THERAPY

We use “**Forgiveness Therapy**” as way to help young men let go of their blame, anger, resentments, grudges, vengeance, and bitterness.

We also teach young men how to integrate **FORGIVENESS** into their life as a way to create harmony and peace in their home, community, and work life.

“**Forgiveness Therapy**” facilitation is one of the most powerful tools we use to achieve our organization’s mission and purpose.



Our basic belief is – YOUNG MEN BECOME MEN IN THE PRESENCE OF OTHER AUTHENTIC MEN.

We believe there are **Five (5) stages** to living and experiencing an authentic, complete, and satisfying life.

Stage (1) Boyhood – The characteristics and behavior associated with this phase are care free living and exploring the sights and sounds around them.

Stage (2) Adolescence – This is the stage of life where the young man starts to focus on his own self-centeredness and his “immediate” desires. He begins to discover his hormones and comes face to face with his real sexual desires and pleasures. He begins to discover his desire to establish his own identity and his independence.

Stage (3) Manhood – This stage is where the man begins to understand and live out the true meaning of manhood. He accepts responsibility in every area of his life and does not blame others for his shortcomings.

Stage (4) Mentor – A mentor does not take the role of the parent, but he is able to effectively establish a unique relationship with his protégé for the purpose of providing consistent support, guidance, and advice to prepare the young man for adulthood.

Stage (5) Patriarch – This is an elderly man who is known for his wisdom and insight. He teaches younger men how to shield, defend, love, and to extend compassion to the community at large.